



Dear Guest,

Welcome to our Six Senses Spa.

Our mission is to deliver spa experiences that are both unique and memorable. The pyramid of six spheres used to identify Six Senses Spas, represents the philosophy that is fundamental to the human experience: The foundation spheres represent the three primary senses of sight, sound and touch. The second level balances upon this foundation by satisfying the more acute senses of taste and smell. The apex sphere symbolizes a sense of elation discovered only by balancing the first five - the unique experience of all senses heightened beyond expectations.

Our diversity in creativity and design reflects the ability to adapt seamlessly to host cultures in surroundings conceived to rejuvenate and revitalize. Six Senses Spa therapists take guests on exhilarating sensory journeys, through many forms of holistic healing and sense of well-being; through options of body and beauty care, delivering them with serene and reassuring professionalism. Spa products are made only from natural ingredients, in harmony with the environment.

Six Senses Spas' uniqueness lies in the quest for perfectly - *Balancing Senses*.

Our award-winning Six Senses Spa overlooks a spectacular expanse of the Aegean Sea and serves the three luxury resorts of Elounda SA Hotels & Resorts. The spa's all-encompassing treatment menu blends Eastern and Western techniques with modern day rejuvenation programmes. Ranged over two levels, the expansive 23 treatment areas include an authentic Turkish hammam, the Tepidarium - a bravura space that excites all the senses, plus private Thalassotherapy Suites complete with state-of-the-art facilities to balance the senses. Additionally there is a hair salon, a Caldarium and an exclusive private spa area named the Spring Suite.

Please contact us for a complimentary spa consultation to help you customize your spa journey to suit your individual needs.

Six Senses Spa Manager

Elli Soumaki

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Spa Etiquette

Spa reservations

For any enquiries or information regarding the spa, please dial extension number 6100 or press the "spa" button on your telephone display. Advance bookings are highly recommended to secure your preferred time.

Thalassotherapy Thermal Suite

Complimentary use of the Thalassotherapy Thermal Suite is offered with all spa treatments. If you wish to enjoy the facility without enjoying any of our spa treatments, a nominal fee will apply.

Preparation

We recommend that you leave all jewellery in the safe of your room before coming to the spa. The spa will not be held responsible for valuables lost within the spa. For men - please shave prior to all facial treatments to ensure that maximum results are achieved.

Arrival

Please arrive 30 minutes prior to your treatment to complete the health assessment form, to ensure you do not have any contraindication for your treatment, and take time to relax in our tranquil surroundings or experience the stimulating facilities prior your treatment.

Consultation

We invite you to our spa for a private consultation to determine your needs and to allow us to design your treatment experience. Your personalised package will be tailor made with suitable treatments, techniques and products. Alternatively, one of our specially designed journeys can be selected to offer you the full flavour of the Six Senses Spa offering.

In room treatments

Selected treatments are available in the comfort of your room. We would appreciate a 6 hour notice period when booking in room treatment. In room treatments carry a 50% service charge. In room treatments include Holistic, Swedish, Energiser and Oriental Massages, plus Reflexology, Ear Candling and Personal Training.

After your treatment

We recommend that you do not sunbathe after aromatherapy or depilatory waxing treatments for a minimum of 6 hours.

**Cancellations**

Please give 12 hours cancellation notice on individual treatments and 24 hours notice on packages, otherwise 50% of the treatment price may be charged to your account. For no shows, 100% of the treatment price will be charged.

Children

We love children, however, to be able to ensure a spa ambience of well-being, it is highly recommended to avoid bringing children from 0-11 years to the spa. Teenagers from 12-17 can enjoy our treatments under supervision with a guardian.

Payment

All treatments will be charged to your room and will appear on your account at the time of departure of the resort. This refers to guests of Porto Elounda DE LUXE RESORT, Elounda Peninsula ALL SUITE HOTEL and Elounda Mare only. You are welcome to pay by credit card or cash if you prefer.

During your stay

We have a wonderful selection of nutritional juices, which can be prepared for you to enjoy after your treatment. In consideration of our other valued guests smoking and active mobile phones are not permitted in the spa indoor or outdoor facilities at any time. The use of video and photo cameras is strictly forbidden. The spa is a sanctuary of peace and harmony, please be aware of the volume of your voice and not to disturb our other spa guests.

Gymnasium

The gymnasium is open daily from 9am to 9pm. For your own personal safety we ask that shoes are worn when using the gymnasium electrical equipment. When using the gymnasium equipment, children under the age of 18 must be accompanied by an adult for safety reasons.

Doctor consultation

Doctor consultation is available on request.